

Scott P. Bartlett, M.D.
Plastic and Reconstructive Surgery

WHAT TO EXPECT AFTER LIPOSUCTION

POSTOPERATIVE INSTRUCTIONS

Immediately after surgery, you will have a moderate amount of swelling and bruising, but within a short time it will subside. Therefore, the result you anticipated will not be apparent for a few weeks. If you experience numbness in the suctioned area, it is temporary and should resolve over several weeks' time.

If suctioning was performed to abdomen, flanks, buttock, or thighs then wear the garment binder or Ace bandages constantly for the first 2 weeks following surgery. If suctioning was performed to the neck, then wear chin strap for 2 weeks following surgery. However, you may remove these to shower, which you may do the next day following surgery.

If you experience pain or discomfort the first few days following surgery, don't hesitate to take the medication your physician ordered. REMEMBER that it may make you drowsy. DO NOT drive while taking this medication. If it causes constipation, increase your fluid intake.

RESTRICTIONS

Strenuous exercise like tennis, aerobics, etc. should be avoided the first 2-3 weeks after surgery.

SIGNS AND SYMPTOMS TO REPORT TO YOUR DOCTOR

Temperature over 100 F.

Any excessive pain, swelling, or drainage from the suctioned site.

If you have any questions or concerns, please call the office 215-590-2209
(after 4:00PM or on the weekends, please call 215-662-4000 and ask for the
plastic surgery resident on-call)

** Please note, these are generalized instructions - you will be given specific instructions to suit your particular needs when you are discharged.